

Binoba Arogya and Lok Shikshan Kendra

Annual Report 2011 - 2012

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At- Jai Krishana Nagar, P.O- Baday, Via- Islampur, District- Nalanda(Bihar)

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Binod Sharma
Secretary

FROM THE SECRETARY'S DESK

It gives me immense pleasure in presenting you our Annual Progress Report in 30 years of our existence in social sector. It gives me immense satisfaction to me and my colleagues at B ALSK as well that from a humble beginning our work has now expanded to 18 blocks, 112 Panchayats and 540 villages in Bihar. Our activities reached to some of the most marginalized people with more than 70,000 beneficiaries of various natures.

In 2011-2012, B ALSK has undertaken some of the most pressing development tasks on multiple development issues of the region. We emphasized our work on more pressing issues, including Health (General & Reproductive Health, Mother and Child Health, Homeopathic treatment, Tuberculosis Awareness, Mobile health clinic and Emergency services); Women Empowerment through self-help groups; Agriculture development through basic infrastructure regeneration such as re-excavation of canals and ponds; Provision of functional literacy among rural women; and Reducing human sufferings during and after natural disasters. Further, Disaster Management Committees (DMCs) have been formed in block Pratapgang (district Supaul) and blocks Islampur & Rajgir (district Nalanda) in Bihar to help community counter disasters with right techniques and at right time.

In due course, B ALSK has also been associated with Peoples Forum, Lok Samiti, Swakchik Manch and other like-minded social groups and networks to strengthen voluntary action in Bihar. Exposure visits to VOs of other countries has helped us in adopting better module and practices for the integrated development of the community in need.

In coming years, B ALSK would continue to strengthen and enhance the livelihood position of marginalized and socially excluded people through Lok Samiti, which has a very extensive presence in different parts of Bihar. We would like to see that the impoverished rural people (men, women and children) would lead a life of socio-economic stability and respect.

Lastly, I extend my gratitude to all our donors - Pathfinder International, CASA, Misereor, BFW, Basic Needs, NBJK, ADRA India, Gunj, Save the Children and socially minded individuals - who trusted us and always equipped us with required resources and capabilities so that the esteemed goal of reducing poverty and bringing about dignity and empowerment to poor people continue unabated.

Binod Sharma
Secretary

■ ORIGIN

A group of youth having strong faith in the ideologies of Shri Jayprakash Narayan established BALSK in 1982. These youths were the part of the youth wing called "Chhatra Yuva Sanghars Vahini". Initially, the group worked as a community volunteers for years with continuing efforts for community empowerment. In the initial stages, formation and strengthening of the village level institutions was the basics of our intervention. BALSK got registered as a NGO under the Society Registration Act in 1987 and under the FCR Act in 1988.

■ VISION

To establish a self-sustainable society based on the values of equal opportunity, balanced growth, dignity and self-respect.

■ MISSION

To organize, capacitate and empower the rural poor in order to invigorate their potential towards socio-economic, cultural and political entitlements and materialization of organizational vision.

■ LEGAL STATUS

- Registered under Societies Registration Act, 1860 by I.G. Registrar, Govt. of Bihar, Patna. Registration No. 195 dated 14.08.1987.
- Registered under FCR Act, 1976 by Ministry of Home Affairs, Govt. of India, New Delhi. Registration No. 031340012 dated 06.07.1988.
- Registered under 12(A) of Income Tax Act, 1961. No. VIII-OSD/51-1992-93.
- Registered under 49(A) of Income Tax Act, 1961. PAN No. AAAABO762B

■ TARGET GROUP

Women, Children, Youth, Adolescents, Mentally Challenged People, Disaster Affected Population and Small and Marginal Farmers belonging to the poor and deprived section of the society.

■ HUMAN RESOURCES

BALSK has a committed team of professionals, social activists and volunteers who have been entrusted with the tasks to implement its different activities. At present, 331 experienced staff and volunteers are serving for BALSK. The details of the staff and volunteers are as follows:

Type	Male	Female	Total
Full time staff	19	11	30
Part time staff	40	0	40
Social activists	3	2	5
Volunteer	10	246	256

■ **OPERATIONAL AREA**

State	District Coverage	Block Coverage	Panchayat Coverage	Village Coverage
Bihar	Nalanda	5	45	162
	Gaya	3	32	256
	Supaul	10	35	122
Total		18	112	540

■ **MEMBERS OF THE EXECUTIVE COMMITTEE**

Sl.No.	Name	Address	Gender	Designation	Experience in Rural Development
1.	Shri Bhagwan Singh	NBJK, Korrah, Hazaribagh, Jharkhand	Male	President	37 years
2.	Shri Binod Sharma	At: Baday, Vai: Islampur, Nalanda, Bihar	Male	Secretary	32 years
3.	Shri Satyendra Singh	At Baday, Vai: Islampur, Nalanda, Bihar	Male	Treasurer	29 years
4.	Shri Girija Nandan	NBJK, Korrah, Hazaribagh, Jharkhand	Male	Member	37 years
5.	Shri Prabhu Nath Sharma	NBJK, Korrah, Hazaribagh, Jharkhand	Male	Member	37 years
6.	Shri Banke Bihari	At: Shivnagar, Ekangersarai, Dist.Nalanda, Bihar	Male	Member	32 years
7.	Smt. Pano Devi	Vill.Sonawa, P.O. Chandhari Islampur, Nalanda, Bihar	Female	Member	21 years
8.	Smt. Chourasi Devi	Vill.Guljarbag. P.O. Barday, Islampur, Nalanda, Bihar	Female	Member	21 years
9.	Smt. Sujita Devi	Vill.Bauridih, P.O. Bauri Sarai, Via:Islampur	Female	Member	14 years
10.	Shri Srikanth Sharma	Vill. & P.O. Utarama, Gaya, Bihar	Male	Member	15 years
11.	Shri Hans Raj	Old Rajendra Nagar, New Delhi	Male	Member	37 years

■ INFRASTRUCTURE/FACILITIES

BALSK has a well equipped registered office at Islampur, Nalanda with all necessary basic facilities like phone, fax, computers and internet along with meeting halls, demo halls and library. The field offices of the BALSK are at Rajgir in Nalanda district, Pratapganj in Supaul district and at Fathepur, Tankuppa and Khijarsari blocks in Gaya district in Bihar.

■ AUDITOR

Parsad and Santosh
Madhuri Bhawan, Jamal Road

Patna, Bihar

■ DONORS

Name	Place/Country
Ministry of Human Resource Development	New Delhi
Oxfam India Trust	Kolkata
Council for Advancement of People's Action and Rural Technology (CAPART)	New Delhi
Canadian high Commission	New Delhi
Forrad	New Delhi
Caritas India	New Delhi
CASA	Kolkata
Pathfinder International	USA
Misereor	Germany
DFID	U.K.
Bread for the World Through NBJK	Germany
Cord Aid	Netherlands
Terre Des Homes	New Delhi
Basic Needs Through NBJK	Bangalore
Nav Bharat Jagriti Kendra (NBJK)	Hazaribagh
Pravesh	Patna
Bihar Voluntary Health Association (BVHA)	Patna
Trickle Up Program	U.S.A.
Give India	Mumbai
ADRA India	Patna
Save the Children	Patna
Gunj	New Delhi

ACTIVITIES DURING THE YEAR 2011-2012

A. BALSK- PRACHAR PROJECT

BALSK with the support of Pathfinder International, USA is implementing Prachar's Phase-III project in Fatehpur and Tankuppa blocks in Gaya district in Bihar. Under this project, 256 villages (160 in Fatehpur and 96 in Tankuppa) were covered. The goal of the project is to put a significant impact on youth fertility for delaying and spacing birth by implementing a

more focused Prachar model through government and civil society partnership. The project has following specific objectives:

- a. To promote a supportive environment among the families and community to encourage young couples to change reproductive behavior for delaying and spacing birth.
- b. To change the belief of young couples of 0 and 1 parity regarding RH/FP issues and change their reproductive behavior delaying the first child until the mother is 21 years and spacing subsequent birth by at least three years.
- c. To change attitudes and beliefs related to RH and FP issues of adolescents by providing essential information and skills to adopt healthy and risk free Sexual and Reproductive Health (SRH) behavior when they enter into adolescence, adulthood and marriage age.
- d. To advocate the program with local government functionaries so that they may appreciate the need of a program that address issues of youth fertility.

Project Progress

In order to dispel several superstition based information and to provide useful guidelines regarding Adolescent Reproductive Health, a number of training programmes were carried out in the project area. As happens in such cases adolescents, due to prevailing negative circumstances, try to hide any biological development or emergence of any complications. These result in further aggravation of the problem, undermining adolescents' health and, in most cases, bringing shame to the concerned individual.

Wall Paintings it is one of the communication tools to generate awareness among the community about the RH issue. In totality, 179 wall paintings (66 in Tankuppa block and 113 in Fatehpur block) were done in target area. Wall paintings were done at places like community hall, schools, primary health care centers and most common community places. The wall paintings covered topics like delaying the first child when wife attain 21 years and spacing between next children for at least 3 years. This was an important activity which influences the community to a greater extent.

Sector Meetings: During these meetings ASHA staffs were provided technical knowledge on means anti-contraception, delaying first child, spacing between first and second child, family welfare approaches. After receiving these information ASHA staffs pass it on to the target population so that they take necessary steps for family welfare and their general well being.

HSC meetings: These meetings were attended by ASHA staffs and ANMs where they are given information on the know-how of suitable and systematic functioning of Health Sub Centres. Further, they are also given information on hygiene and sanitation of the people, which they, in turn, pass on to general public.

Home visits constitute one of the key strategies of communication on RTI/FP issues. The advantages of home visits are:

- Home visits provide opportunity for effective one-to-one communication with beneficiaries.
- It helps to address myths, misconception, and concerns of family elders and facilities their support to the young couples to overcome their pressures for early child bearing and inadequate spacing.

- Home visits help to motivate young couples to adopt contraception.
- Frequency of home visits is increased if contraceptives are adopted in order to support and ensure correct and continuous use of contraception and to deal with early problems.

Home visits are done by ASHA is an important activity in the project to deliver the messages on delay and spacing of child, spousal communication, negotiation skills, information on services availability and use of pregnancy testing kits and contraceptives. The details of the home visits are as follows:

April 2011 to September 2011

Block	No. of ASHAS	Report Submitted								
			0 Child		1 Child		2 Child		More than 2 Child	
			B	HV	B	HV	B	HV	B	HV
Fatehpur & Tankuppa	246		30712 (Av.- 5118)	14019 (Av.- 2336)	29610 (Av.- 4935)	13759 (Av.- 2293)	31764 (Av.- 5294)	16628 (Av.- 2771)	71861 (Av.- 11976)	24054 (Av.- 4009)

e. **Group Meeting** Group meeting is an important activity of the Prachar project to achieve goal and objectives. The activity helps to spread the message of the project at a common place with targeted beneficiaries. The details of the group meetings are as follows:

February 2011 to September 2011

Category	Planned Meetings	Actual Meetings held	Participants Covered
Men with 0 or 1 child	2778	1746	14373
Men with 2 or more children	2707	1706	14198
Father of adolescent	1752	573	5332
Total	7237	4025	33903

Key issues discussed:

- With '0' and '1' child couples consequences of early marriage, early child bearing and the various methods of contraception were discussed using Pathfinder developed communication materials.
- Importance of limiting family size is discussed with the couple of two and more children.
- Fathers of adolescents were motivated to send their adolescent children for the training program by informing them the importance of the same. In the discussion, emphasis was made on limiting family size by delaying first birth and spacing subsequent births by at least three years, and advantages of adopting family planning methods.

f. *Adolescents Training (Age group 15-19 years)* was an important part of the project. The training was an ongoing process of the project. The training objectives were:

To increase the level of knowledge about reproductive health, puberty and associated changes, structure and function of male and female reproductive organs, Menstruation and menstrual hygiene, sex, sexuality and sexual behavior, conception and contraception, RTI/STI/HIV/AIDS, impact of uncontrolled population growth, to remove myths, misconception and concern about sex and sexuality etc.

The training methodology were training, counseling, use of mixed media activities, participatory games and sports etc. The training is being held by the expert trainers of cencored, Patna. Before the start of the training, the parents and the villagers were mobilized by the staff of B ALSK, so that a proper environment would be build up in the area for the training program. The management of the training program is the responsibility of B ALSK. Different topics which were covered under the training so far are- reproductive health and family planning, adult hood, menstruation period, nutrition, misconception, delay in first child, use of contraceptives, HIV/AIDS, reproductive organs etc. The training details are as follows:

Block	Boys						Girls					
	Total Batch	Participants	SC	BC	FC	M	Total Batch	Participants	SC	BC	FC	M
Fatehpur	167	3816	1842	3734	496	242	170	5499	2560	5047	708	482
Tankuppa	106	2498					105	3298				
Total	273	6314	1842	3734	496	242	275	8797	2560	5047	708	482

548 batch training conducted in which 15111 participants (6314 boys and 8797 girls) participated. Caste wise total participation of SC was 4402, BC was 8781 , FC was 1204 and Muslims was 724).

B. IMPROVING THE SOCIO ECONOMIC AND HEALTH STATUS AND DISASTER MANAGEMENT TECHNIQUES OF WOMEN AND UNDERSERVED POPULATION NALANDA BIHAR.

B ALSK with the support of Misereor, Germany is implementing a project on "Improving the Socio-Economic, Health Status and Disaster Management Techniques of Women and Underserved Population" in 43 villages of Islampur and Rajgir blocks in Nalanda district, Bihar. The project goal is to improve the reproductive health status, enhance knowledge related to pressing health issues, increase access/control over resources with respect to rights and entitlements and improved disaster management capacity of the target group. The target groups of the project are:

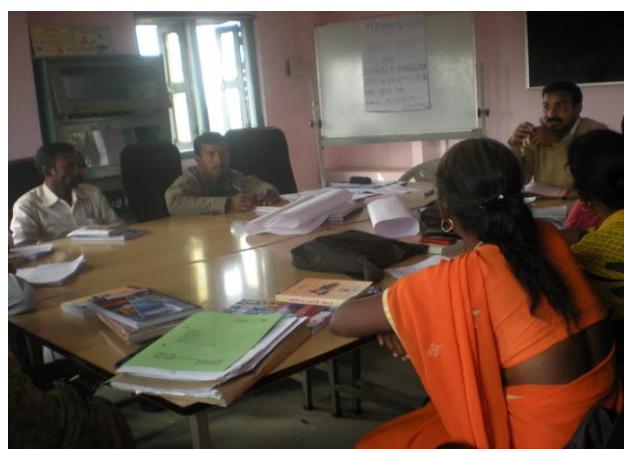
- Adolescent of age group14-19 (male & female).
- Young unmarried males & female.
- Newly married couples.
- Eligible couples with first pregnancy/one child.
- 2nd time pregnancy and 2nd child during post partum period.
- Parents in law of eligible couples, influential person of the target community, local administration and democratic bodies.
- Poor women, youth groups, NGO groups, PRIs and poor and marginalised communities as a whole.

Staff Orientation Training: A single day training (12-07-2011) was organized by B ALSK for 23 project staffs at Rajgir with an objective to inform and sensitize them on aims, vision, mission, goal, roles & responsibility, working strategy and time line of the project. Issues that have been detailed and discussed were RH, Social Analysis, Disaster Management, Panchayti Raj and Cultural Practices.

The training program was completely participatory through group discussion/presentation, role play, case study discussion, group presentation etc. Participants showed enthusiasm in asking questions concerning all the above issues.

Technical Training to project staffs on Disaster Management: On the issue of Disaster Management a two days training was organized on 16th and 17th February 2012. Altogether 24 participants took part. The objective of the training program was to improve skills of project staffs on disaster management as the intervention area (blocks Islampur and Rajgir) is disaster prone area and it badly affect the lives of community people particularly of poor people. Issues discussed during the training programme were: List Preparedness of Vulnerable group (Disable persons (PWDs), pregnant women, Old Age persons, Children, Widow, livestock etc.

The training program was completely participatory. Each participant was given ample opportunity for questioning on issues. The tough issues are repeated for more clarification among the staffs. It has high impact on the project staffs and they are with improved knowledge, information and skills. During working if staffs face problem it is quickly solved by the higher project staffs.



YEARLY MEETINGS WITH PRI MEMBERS, NGO GROUPS, YOUTH GROUPS, GOVT. FUNCTIONARIES AND COMMUNITY INFLUENCERS ON DISASTER MANAGEMENT

A meeting of PRI Members, NGO Groups, Youth Groups, Govt. Functionaries and Community Influencers was organised on 18-19/02/12. A total of 59 people participated in the meeting. The meetings were instrumental in spreading right messages to different groups and stakeholders for better management of disasters. During these meetings an appeal was made by B ALSK to different groups to integrate the important issue of disaster management in their activities so that the impact of the disasters may reduce in future.

TRAINING OF SWASTHYA DOOTS

BALSK conducted training for swasthya doots as an orientation programme. The training intended to enhance their capacity on health issues. Besides, issues such as personality development, leadership and the knowledge regarding essential medicines were also imparted during the course. The training was conducted on 2nd and 3rd March 2012 and were participated. The training programme also encouraged participants to attend the health camps and counsel the people on health issues. It was clearly observed that the all round skills of trainees were vastly improved that have directly benefitted the community.

Dai(TBAs)/MAMTA/ASHA Training programme

BALSK organized the training programme for Dai (TBAs), MAMTA and ASHA volunteers. These were organized in Islampur from 19-02-2012 to 21-02-2012 and in Rajgir from 22-02-2012 to 24-02-2012. 38 and 39 participants took part in the training programmes respectively. The impact of training was obviously impressive that enhanced their ability with respect to service quality and delivery mechanism in the areas of health care, advising institutional delivery, if required. The outgoing trainees were capacitated on counseling pregnant mothers on different issues related to pregnancy

Training to SHG leaders on disaster management

BALSK organized the trainings of SHGs leaders in Islampur (45 leaders on 26th and 27th February 2012) and Rajgir (44 leaders 28th and 29th February 2012) on disaster management issues .In these training programmes dynamic SHGs leaders participated where they learnt important strategies on disaster management by the experts/resource persons .

The details are as follows-

GROUP MEETINGS IN VILLAGES BY STAFF WITH DIFFERENT TARGET GROUPS

BALSK conducted this activity on regular basis at the interval of six months, covering each target group in different batches to address various relevant issues- like-- Adolescent boys, Adolescent girls, Fathers and Mothers of Newly Married Couples, Pregnant women & post partum women, Husbands of newly married couples, Husbands of first time pregnant women & women with 1 child. Further, Discussions on health programme under NRHM, Role of Jila swasthya samiti, Role of parents and community on health issues, Regular checkups during the pregnancy period, Counseling to women, mothers and pregnant, Counseling on breast feeding etc.

The details of group meetings are as follows:-

Block	Husband of newly married couple		First time pregnant women & post partum women		Father & mother of newly married couple		Husband of 1 st time pregnant women & women with 1 child		Adolescent boys		Adolescent Girls	
	Plan	Actual	Plan	Actual	Plan	Actual	Plan	Actual	Plan	Actual	Plan	Actual

Islampur	638	590	1752	1580	1246	119 5	1908	1752	1930	1050	1752	1066
Rajgir	690	624	1974	1675	1384	123 2	2246	1838	1972	1153	1864	1186
<i>Total</i>	1328	1214	3726	3255	2630	242 7	4154	3590	3902	2203	3616	2252



Husbands of first time pregnant women & Women with one child's group meeting



Mothers of Newly married couple group meeting



Wall writing

We have undertaken wall writing in Islampur and Rajgir blocks in Nalanda district. Various types of messages were written on walls by professional painters with the assistance of local volunteers.

The impact of wall writing was highly appreciable and local villagers approached our office and asked about the various types of activities on disaster. Emergent challenges due to such calamities were discussed at BALS K office. This was an appreciable task done by BALS K and the organization hopes that in near future Donor agency will support us on this issue for more coverage of wall writings to effect much larger impact in project area.

ESTABLISHMENT OF GRAIN BANK

BALS K, with the active co-operation and involvement of local community and target groups, has already created grain banks, where needy families/individuals may get grains on requirement during normal and disaster like situation. This is a very useful system in the project area and everybody is appreciating the efforts of BALS K and the local community. In near future more grain banks will be set up. Local communities are replicating it at their own bases to set up grain banks to meet the challenges of disaster and normal period exigencies.

HOME VISITS

Home Visits were carried out on a regular basis. The purpose of home visits is to access such people who can not attend trainings or awareness programmes away from their homes. During home it is ensured that the beneficiaries are visited at their convenient time. The objectives of such visits are to apprise people about Awareness and motivation regarding Govt. programmes/schemes, personal sanitation and health care, about safe drinking water and its maintenance, use of safe and low cost toilets etc.



MOBILE HEALTH CAMP

Mobile health camp is an important activity in this project and local communities prefer to come forward and ask the services regularly. It is a matter of urgency for some population segments like old age persons, disabled persons, infants and very often women as well. Mobile Health Camp provides essential medicines (Homeopathic) ORS etc and these are available at reasonable prices. ANMs, doctors and nurses are attending the mobile health

camps and counsel the target communities regarding health care, reproductive health, vaccinations etc. During 2011-12 a total number of 248 camps were organised. These were attended by 7656 beneficiaries.



Nukkad Natak (Street Plays): Cultural events, street plays, street theater, puppet show, folk song were organized by B ALSK for community sensitization on reproductive health issues. These means are very useful for the community mobilization since age. It is still a strong means in remote villages in Bihar where there is minimum reach of other communication medium. B ALSK has a well trained cultural team which conducted regular events in the intervention villages. The duration of one event was of 2-3 hours with maximum of three events in a day. The cultural events started with community mobilization through folk song and event started when villagers gather in the place. Events were conducted on following issues:

In 2011-2012, 45 events at the intervention area were organized in which 12540 persons (male 7563 and female 4977) participated.

a. **Training to Disaster Management Committee (DMC):** 43 DMC were formed at village level with an objective to work for better pre disaster, during disaster and post disaster management techniques. Each DMC has an average of 9-11 members which comprised of youth, SHG members, community influencers and general community of the area. The DMC will act as a catalyst to disseminate regular and timely information to the villagers on disaster management. s.

C. "Improving the Participation and Status of Dalits in the Society": A CASA PROJECT

BALSK with the support of CASA is implementing a project on "Improving the Participation and Status of Dalits in the Society" with following objectives:

- To increase women role, access and control over family level decisions, income and savings for 500 Dalit/marginalized families in 10 project villages through gender based training, exposure visits and follow-up activities by 2012.
- To ensure active participation of 500 Dalit/marginalized women and their male counterparts from 10 villages of 04 districts in Panchayati Raj events (Local governance, planning and decision making process) to finalize village micro plan (common issues like road, school, health care, drinking water, community hall etc.) and family based (benefits/entitlement) demand note through a 2 tier capacity building program at Partner NGOs and women SHG level (community level) by 2012.
- To prepare 10 village communities to manage future disasters especially floods through DRR/CBDP training, developed tools and structure by 2012.

Achievements

- 792 orientation meetings of 33 SHGs on different issues like savings, management of accounts, Disaster management, Inter loaning, Opening of bank accounts, Panchayati Raj, family issues etc. (24 meetings for each group at the interval of 15 days).
- 93 SHG leaders were trained in 3 batches on PRI system, Gender Issues, Disaster preparedness, opportunities to participate and process of availing benefits.
- Discussion was held with the villagers, community influencers and farmers on DMC on how to initiate in this direction.
- Farmers' trainings on developing low cost agriculture system, employing SriVidhi, making Vermin Compost.
- Micro planning for 33 SHGs members were prepared in order to enhance their income generation activities and also efforts were undertaken to assess their needs and its timely redressal.
- Further, micro planning of 10 villages were charted where participatory assessment was done for the development of respective villages. For example, issues, including the requirement of roads or its repair, regularization of electricity, commencement or repair of schools were highlighted and further pursued with certain successes.

D. BFW PROJECT

BALSK with the support of BFW-through NBJK - Hazaribagh is implementing a project for integrated development of the Dalits women with focus on health and livelihood components. The program is being implemented in 10 villages (Kharjamma, Rasuli Bigha, Bauridih, Bardaha, Kochra, Baira, Jethauna, Pasurai, Malik Sarai and Atta Sarai) of Islmapur block in Nalanda district. In 2011-2012, following activities were undertaken under the project:

- Formation of Lok Samiti
- Formation of Gram Vikas Samiti
- Formation of Women SHGs
- Training of SHGs
- Discussion with Govt. Representatives
- Social Action Program and
- Commencement Sewing Centres for SHG members
- Provision of Micro Credit for income generation activities.

Achievements

Activity	Result
Formation of Lok Samiti	<ul style="list-style-type: none"> • 71 active members and 211 general members are formed in the project villages. • Improved access to the poor people to different govt. development programs.
Formation of Gram Vikas Samiti	<ul style="list-style-type: none"> • Formed Gram Vikas Samiti in all 10 villages. • Process of identification of the village problems has been started. • Improved access of the poor people to different govt. development programs. • Disseminated information on health, education and immunization for children.
Formation of Self-Help Groups	<ul style="list-style-type: none"> • Formed 20 women SHG with group saving reaching to Rs.26,400/-. • Started group inter-loaning process with timely return of the loan amount. • Reduced dependency on money lenders. • Improved socio-economic condition and awareness of the target group.
Training to the SHG Members	<ul style="list-style-type: none"> • Organized 02 capacity building training programs for the group for management of books of accounts (cash book, ledger and vouchers) and management of group savings. • Improved motivation of the group members towards the development of the groups.
Social Action Programs	<ul style="list-style-type: none"> • Survey was undertaken among Dalits/Mahadalits to ascertain their landless status in order to provide 3 dismils for homestead land in the project area. The list was submitted to relevant authorities for further pursuance.
Commencement Sewing Centres for SHG members	120 girls and women were trained under the project which enabled them to strengthen their income
Provision of Micro Credit for income generation activities.	Three groups were provided Rs. 24000 for Poultry farming to further their livelihood support.



E. ADRA INDIA on AKSHYA India Project on Tuberculosis Awareness

NGOs are contributing a great deal in informing people about the nature and extent of disease Tuberculosis. They also highlight the shortcomings in current treatments and future possibilities for improved treatment and its containment. BALS K with the support of ADRA India, promoted a project on "Tuberculosis Awareness" in covering 120 villages of Supaul district in Bihar to bring desired people's awareness on TB. Under the program, regular training programs were organized at Raghpur, Chatapur and Pratapganj, Birpur, Basantpur, Saraigadh, Nirmali, Supaul blocks in Supaul district to bring right awareness and capability among the people to reduce the menaces of TB in the district.

Under this project following steps were successfully taken up:

1. Trainings were imparted to health staffs, ANMs and ASHA in soft skills related to the disease.
2. Trainings to Rural Health Care Providers on the issue.
3. T.B. forums were constituted at panchayat level where panchayat officials and other conscious individuals were provided related information.
4. Village level community meetings were organised to furnish information on tuberculosis and also answer their related queries.
5. World TB day was observed on 24 March 2012 where school children took out TB awareness rally. Further, a workshop was organised that was attended by MOCs and doctors.
6. Meeting with ICTC and DMC with DTO.
7. Door to door collection of sputum was taken up once a slight symptoms of the disease surfaced or likely to surface.



F. BASIC NEEDS PROJECT THROUGH NBIK

For this programme, BALS K, first, traces and locates mentally challenged people who have been ignored by their near and dear. Second, such people who are financially disadvantaged and can not afford to undergo suitable treatments are identified by BALS K. After identification, the organization arranges health camps for such needy people. Further, community awareness programmes and lobbying for such people for better health care to government organizations are also taken up.

G. GUNJ: Garment distribution camps were organised in block Islampur for needy and impoverished people who can not afford clothes for themselves. Gunj, a reputed organization, sponsored the project.

H. Save the Children: A signature campaign was undertaken against the recent budgetary cut for health sector by Government of India. Under such circumstances when costs of medicines are going up, such move by the government must be opposed at all levels. Save the Children sponsored the project and BALKS took up the campaign in 10 villages of block Islampur in district Nalanda.

