



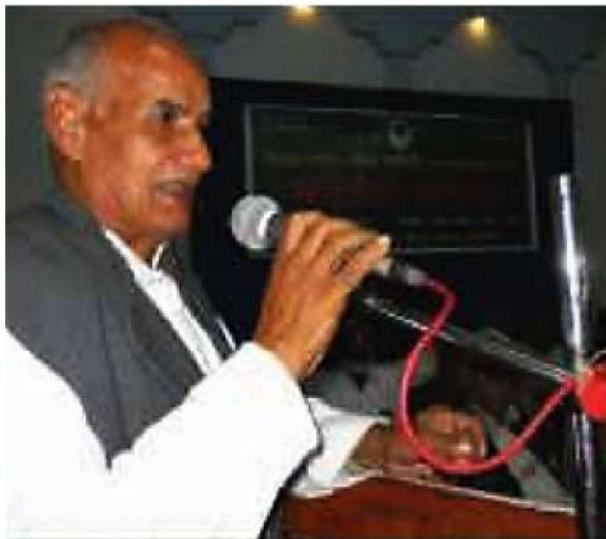
ANNUAL REPORT 2021-22



PROMOTING PEOPLE'S CENTERED DEVELOPMENT.....

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MESSAGE FROM THE SECRETARY'S DESK

Dear friends,

I am delighted that the Annual Report of BALS K for the financial year 2021-2022 is published. Our hearts are full of Joy and gratitude to God for showing us the way in last 34 years and enabled us to reach out to millions of people who needed help and support for a dignified life. These past years have also given us opportunity to learn from people's struggle. It is important to recognize that we need to remain relevant as an organisation as the socio-economic and political situation has rapidly changed which brings up new challenges to deal with.

In 2021-22, BALS K has worked on some of the challenging development tasks on multiple development issues of the region. We concentrated on working on different development issues like health (general & reproductive health, homeopathic treatment, mobile health clinic and emergency services), women empowerment through self help groups, agriculture development through infrastructure development, education among illiterates and reducing human sufferings at the time of natural disasters. Disaster management committees have been formed in supaul district of Bihar to help community fight disasters with right techniques and at right time .

We, the BALS K team express our heartfelt gratitude for the unflinching support. We would like to thank each of our donors for associating with us and look forward to engaging through our various initiatives to build a resilient future and we express our appreciation for the help and support we have received from the government agencies.

We look forward to our journey in the coming year to serve the humanity in our great country with renewed commitment.



Binod Sharma
Secretary, BALS K

GENESIS

 A group of youth having strong faith in the ideologies of Shri Jayprakash Narayan established BALS in 1982. These youths were the part of the youth wing called "Chhatra Yuva Sangharsh Vahini". Initially, the group worked as community volunteers for years with continuing efforts for community empowerment. In the initial stages, formation and strengthening of the village level institutions was the basics of the intervention. BALS got registered as a NGO under the Society Registration Act in 1987 and under the FCR Act in 1988.

VISION

To establish a self-sustainable society based on the values of equal opportunity, balanced growth, dignity and self-respect.

MISSION

To organize, capacitate and empower the rural poor in order to invigorate their potential towards socio-economic, cultural and political entitlements and materialization of organizational vision.

RECOGNITIONS

Awards & Participation

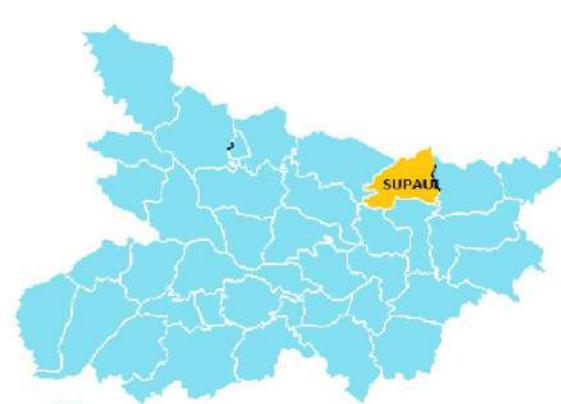
- Father Tong Memorial Award in category of Best Community Health Organization for the year 2011-12 by Bihar Voluntary Health Association, Patna.
- The David & Lucile Packard Foundation acknowledges and appreciates the contribution of BALS for advancing family planning and reproductive rights for young people, through the Parchar Project in partnership with Pathfinder international, India for the year 2002-2005.
- Participated in Indo-Pak Exchange Programme Enhancing Adolescent Sexual and Reproductive Health. Supported by the David and Lucile Packard Foundation.
- Participated in Management Development Programme on Strategic Leadership and Management Development for Population and Reproductive Health Programmes from December 26, 2004 – January 01, 2005.

Legal Status

- Registered under Society Registration Act, 1860 by I.G. Registrar, Govt. of Bihar, Patna. Registration No. 195 dated 14.08.1987.
- Registered under FCR Act, 1976 by Ministry of Home Affairs, Govt. of India, New Delhi. Registration No. 031340012 dated 06.07.1988. Renewal of Registration Valid till 2027.
- Registered under 12(A) of Income Tax Act, 1961. Reg. No. VIII-OSD/51-1992-93. Renewal of Registration valid from AY 2022-23 to AY 2026-27.
- Exempted under Section 80G of Income Tax, Unique Registration Number AAAAB0762BF20221 valid from 26-03-2022 to AY 2024-25
- PAN: AAAAB0762B.
- Unique Identification No. on NITI Aayog Portal: BR/2017/0168348.

CORE PROGRAMME

With the support of BfdW



Pratapganj (Supaul), Bihar

The Core Programme is directly implemented by the Balsk with the support of BfdW in Tekuna and Suryapur panchayat of supaul district. The Programme focuses on capacity building, leadership, gender mainstreaming, etc.

Inclusive Development through capacity building and Sustainable Livelihood, Bihar (Bundle project, phase 2 continuation) is operational in the project area. In this reporting period, we have attempted to provide detailed information to the project beneficiaries about the details of the social security schemes and others many schemes how they can get benefits of these schemes and ensured proper implementation of social security schemes and employment guarantee schemes. During this phase special attention has given on mainstreaming of socially excluded communities, their mobilization, women leadership building, institutionalization of groups, and change at different levels and also Strengthen their capacity and knowledge on Disaster Risk Reduction which will further help them to survive and cope up with the situations.

Gender Mainstreaming and sensitisation

Balsk has always been gender-sensitive and tried to maintain gender equality in its programmes by providing equal opportunities to women. It has been found that domestic violence during the pandemic has increased. Special efforts have been taken by Balsk to ensure that concerns and issues of women are addressed at the appropriate level.

Strengthening of the village-level organisation or community-based organisation and People's Organisation

The community leadership and community based organisation provide support to targeted communities. The community-based and people's organisations at the local level can reach local government authority so that targeted communities can get the benefits of government schemes.



Orientation of CBOs leader

CBO's & Community Member Sensitized and developed better understanding among the people about the issues and needs and also enhanced the Leadership quality.

Being a disaster-prone area, we have build a strong pool of volunteers, The roles volunteers can play in disaster risk reduction(DRR) and preparedness, early warning, disaster response and post-disaster rehabilitation and also spreading awareness on corona virus.



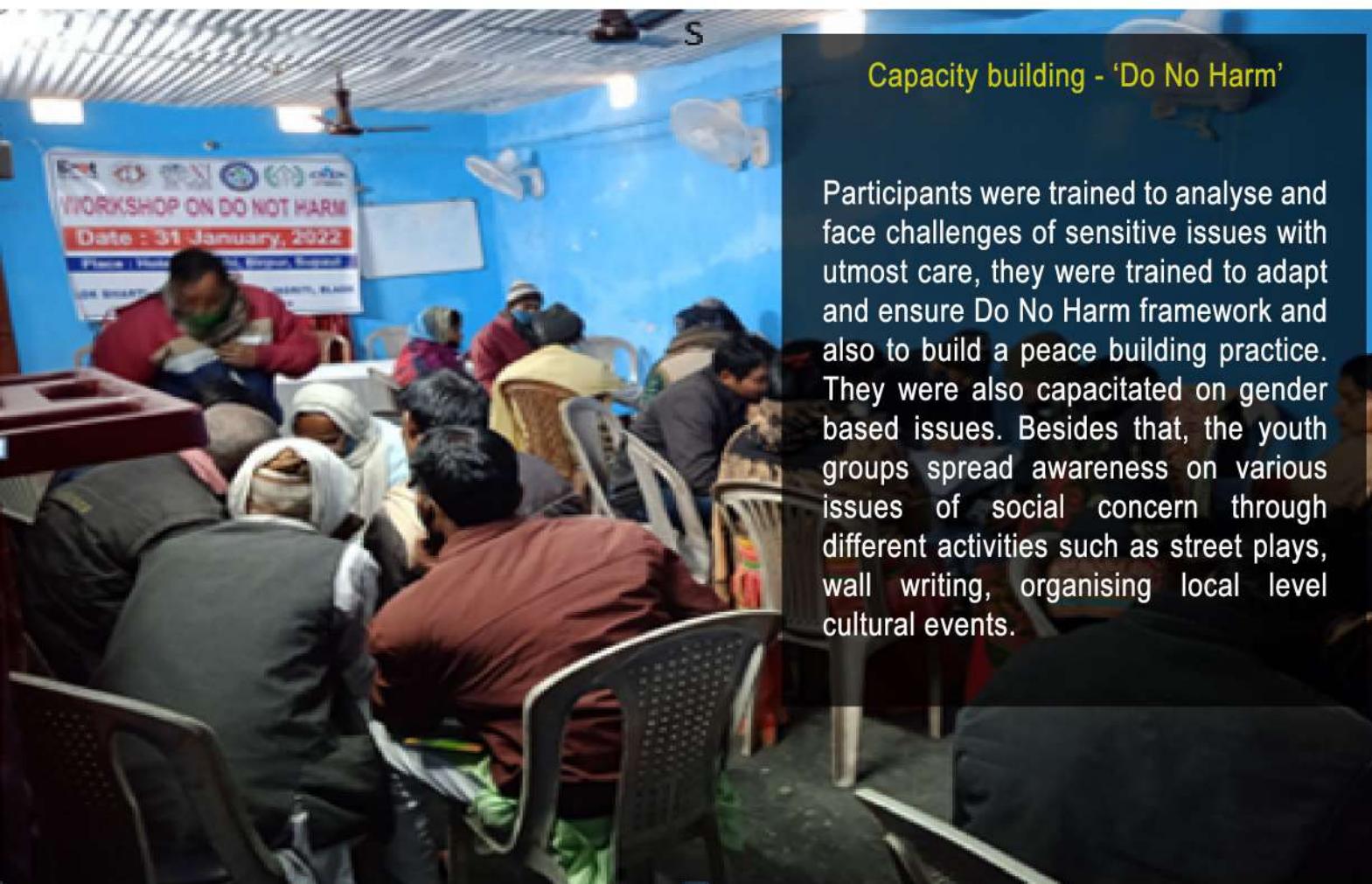
SOCIAL SECURITY SCHEMES

In the project area people are not able to access the government welfare - schemes like PDS, ICDS, MNREGA and pension due to lack of awareness and documents. Therefore, people were made aware of government welfare schemes and were helped in availing the benefits.



YOUTH LEADERSHIP

Leadership development has been a key strategy of CASA's - Core programme. Strong and capacitated leaders are actively mobilising communities around issues of land, water, livelihood, food security, and access to rights and entitlements and dialoguing with concerned authorities.



Capacity building - 'Do No Harm'

Participants were trained to analyse and face challenges of sensitive issues with utmost care, they were trained to adapt and ensure Do No Harm framework and also to build a peace building practice. They were also capacitated on gender based issues. Besides that, the youth groups spread awareness on various issues of social concern through different activities such as street plays, wall writing, organising local level cultural events.

BALSK ACTIVITY PROGRAM UNDER BfdW PROJECT

- Orientation of CBOs Leaders has been organized on dated November 18, 2021 at Suryapur in which 33 participant has participated
- District level PO meeting has been organized on December 23, 2021 at Arariya district in which 7 Participant from BALSK pratapganj block has participated
- Two days' workshop on modern farming and production of herbal plant has been organized on dated December 27-28, 2021 at Parakh Jain Dharamsala, Supaul. In which 44 Farmers has been successfully participated
- Exposure visit of 20 progressive farmers has been organized on dated 01 December 2021 at Himalaya herbal aromatic organic farming, Ranipatti, Basantpur(Supaul)
- Meeting on Domestic Violence against women has been organized on dated January 22, 2022 at Suryapur in which 50 participant has participated.
- Two days of orientation training to develop leadership quality of women & study of Gender-based violence during the covid-19 pandemic has been organized on dated January 27-28, 2022 at Suryapur in which 40 participant has been participated.
- workshop on Do No Harm has been organized on dated January 31, 2022 at Hotel Urwashi, Birpur in association with Nav Jagiriti, Rahat,Casa,LBSA



Workshop on Modern Farming & Production of herbal plant



Exposure Visit of progressive farmer



Orientation training to develop leadership quality of women & study of Gender-based violence during the covid-19 pandemic

CORE PROGRAMME

With the support of MISEREOR

“Community Based Village Development Program for Underserved Population with an Integrated Approach of Health, Disaster Management, Climate Change and Socio-Economic Improvements, Supaul Dt., Bihar”. covering 30 villages of chatapur blocks in Supaul district, Bihar. The project goal was to improve the reproductive health, enhancing knowledge and bringing desirable changes in the sexual behavior, increased access/control over resources better equipped for claiming of rights and entitlements and better disaster management capacity of the target groups.



 **Chattapur (Supaul), Bihar**

TARGET GROUPS:

- Adolescent of age group 14-19 (male & female)
- Young unmarried male & female
- Newly married couples
- Eligible couples with first pregnancy/one child
- 2nd time pregnancy and 2nd child during post partum period
- Parents in law of eligible couples, influential Person of the target community, local administration and democratic bodies
- Poor women, youth groups, NGO groups, PRIs and poor general communities as a whole.



Adolescents were made aware of the behavior changes on reproductive health, minimum age of marriage, age of first pregnancy, childbirth spacing, pregnancy periods, etc.



Group Meetings of Women and their Husband of First Time Pregnant Women and Post Partum Women:

The objectives of these meetings are safe delivery along with proper care of mothers and fetuses during the pregnancy period.

Registration in AWC, at least four tests in pregnancy, benefits of taking IFA and calcium tablets, five preparations for safe delivery, institutional delivery, use of family planning tools, COVID-19, exclusive breastfeeding for six months, positive attitude of the husband towards wife to make his family happy, etc

Group Meetings with Women and their Husband of 1 Child and 2 Childs:

The main objective of the group meetings with the target group is to make them aware of the contraceptives and for proper care of the newborn baby and mother. Balanced and complementary diets, vaccination, birth spacing, permanent and temporary means of contraception, COVID-19, coordination in the family, breastfeeding, etc.

Group Meetings with SMC:

Group meetings were held with SMC in 2 high schools of the project area. The main objective of these meetings was to sensitize the SMC members on reproductive health through advocacy.

Discussions were made on adolescence, menstrual cycle, reproductive and vaginal system infection, proper cleanliness during menstruation, use of napkin pads, delusions and wrong practices, and biological and scientific facts. This activity has led to scientific and positive changes towards reproductive health with SMC and school students.



Group Meetings with DMC and DMTF Members:

Pre and post-disaster preparation, management of grain banks, compensation amount in case of death due to disaster, linkage with govt. and DMC, COVID- 19 vaccination and prevention, etc.



Group Meetings with VDC Members

10 Members Village Development Committee (VDC) is trained and active in 30 villages/tolas of the project area.

VDC members were informed on the schemes sponsored by the state and central government like Pradhan Mantri Nirdhan Kalyan Yojana (free ration distribution), Pradhan Mantri Housing Scheme, Land related papers, Kisan Samman Yojana, crop insurance scheme, organic farming scheme, fish farming scheme, animal husbandry, beekeeping, poultry farming, construction of cattle sheds under MNREGA scheme, planting of trees, digging ponds and information about social security schemes.

Exposure Visit of DMC and DMTF Members

During the exposure visits, the DMC and DMTF members gained a good exposure of reducing disaster risks, making strategies for the response to a disaster before, during, and after the disaster, local resources to be identified and stored for disasters, how to make the security force and information system for disaster more functional and how to liaise with Government departments and enhanced understanding on prevention from COVID-19. By this exposure visit, DMC and DMTF Members are now better informed and geared to handle disaster situations in a more organized manner.



BALS K ACTIVITY PROGRAM UNDER MISEREOR PROJECT

STATISTICAL REPORT

Sl. No.	Activity	Planned	Accomplished
1	Group Meetings with Adolescents	1500	1397
2	Group Meetings of Women and their Husband of First Time Pregnant Women and Post-Partum Women	1000	820
3	Group Meetings with Women and their Husband of 1 Child and 2 Childs	1200	1131
4	Group Meetings with Father and Mother of Newly Married Couples	800	551
5	Group Meetings of Newly Married Man and Home Visits of Newly Married Women	400	189
6	Group Meetings with SMC	25	30
7	Group Meetings with DMC and DMTF Members	300 & 180	300 & 180
8	Exposure Visit of DMC and DMTF Members	30	30
9	Interface Meeting	50	50
10	Group Meetings with VDC Members	300	300
11	Group Meetings with Farmer Groups:	210	210
12	Training of MAMTA, ASHA, AWS, and Health Workers	150	150
13	Orientation Training to Swasthya Doots on Reproductive Health	60	60
14	Group Meetings with Swasthya Doots	60	60
15	Street Plays	30	30

CASE STUDY



Ever since I have started practicing modern farming, my farm productivity, soil health and income have improved altogether

Permешварी Деви W/O Bhagwat Paswan; Age 37 years is the native of Vill. Jaynagra of Pratapganj block in Supaul district in Bihar. She is a beneficiary of the BfdW project and has been provided training on Modern farming. "Everything that is produced is consumed or sold. The soil quality of my farm has also improved which adds to the nutritional value of the vegetables produced on it."

Planning, implementation and support were the prime aspects that fell under the training provided on Modern farming. Permешварी Деви has used this method in a proficient manner as she diligently uses the produce not only for personal but also to fulfill her economic requirements. The concept she learned under the training programme that produces about 30 to 35 kilograms of vegetables per month. She only use the vermin-compost as it has yielded many benefits to her land.

Her determination to uplift and contribute to sustainable livelihood and build a climate smart village depicts dedication. Balsk will strive to train more individuals, especially women, to create a balance in the society and contribute to combat the crisis of climate change.

Md. Ismail S/O Md. Ibrahim is a native of Vill. Madhopur, Ward No. 1 of Chhattapur block in Supaul district. He is an intermediate pass and a father of 4 sons and a daughter. He has agriculture-based work and feeding his family by farming. He did not know about the facilities provided by the government to the farmers. Also, use to do farming by traditional methods.

When Balsk started the project in Madhopur a framer group was formed. Md. Ismail is one of the members of the farmer group. When the information of "Kisan Samman Nidhi" was given to the farmers in the meeting by Balsk then Md. Ismail submitted an application in the block agriculture office for getting support under the Kisan Samman Nidhi. Today, he is getting the support of an amount of Rs. 2,000/- at every four months under the scheme. As a result, he is now motivating other farmers of the village to get the benefit of the scheme. Not only this, but he is also trying to adopt organic farming practices too.



Abbreviations & Acronyms

BALSK - Binoba Arogya & lok shikshan kendra

BfdW - Bread for the World

CASA - Church's Auxiliary for Social Action

LBSA - Lok Bharti Seva Ashram

MISEREOR - MISEREOR Germany

CBOs - Community based organisations

PO - People's organisation

DRR - Disaster Risk Reduction

PDS - Public Distribution System

ICDS - Integrated Child Development Services

MNREGA - Mahatma Gandhi National Rural Employment Guarantee Act

NGOs - Non-governmental organization

PRIs - Panchayati Raj Institutions

AWC - Anganwadi centers

IFA - Iron Folic Acid tablets

SMC - School Management Committee

DMC - Disaster Management Committee

DMTF - Disaster Management Task Force

VDCs - Village Development Committees

ASHA - Accredited Social Health Activist

महिलाओं को ताकत का अहसास कराना जरूरी

प्रतापज | लिज प्रतिलिपि

सुरजापुर पंचायत सरकार भवन में विनोबा आरोग्य और लोक शिक्षण केन्द्र के तत्वावधान में शनिवार को उन्मुखीकरण प्रशिक्षण शिविर लगा।

विहार सर्वोदय मंडल के महामंत्री प्रकाश प्राण और विनोबा आरोग्य

संस्थान की कॉर्डिनेटर बबीता कुमारी ने महिलाओं में नेतृत्व की गुणवत्ता विकसित करने और कोविड संक्रमण के दौरान हिंसा का अध्ययन विषय पर प्रकाश डाला। प्रकाश प्राण ने कहा कि महिलाओं को परिवार में निर्णय लेने का अधिकार, धन रखने और जमीन जायदाद में औरतों का नाम जोड़ने

सहित घरेलू कारों में औरत-मर्द की समान भागीदारी होना आवश्यक है। महिलाओं को अपनी ताकत का अहसास कराना आवश्यक है।

उन्होंने कहा कि धन, विद्या और शक्ति की देवी दुर्गा, लक्ष्मी और सरस्वती भी तो औरत हैं। कॉर्डिनेटर बबीता कुमारी ने कहा कि हमें आपस

में एकता बनाए रखना जरूरी है। हमें सभी के साथ विचार विमर्श करने का विकास होगा। मौके पर अपने-अपने श्वेत्रों में महिला संगठन को बढ़ावा देने और समतामूलक समाज की रचना करने का निर्णय हुआ। कार्यक्रम में अर्चना कुमारी, मुखिया महानंद पासवान ने भी अपने विचार रखे।

उन्मुखीकरण कार्यक्रम का हुआ आयोजन आधी आबादी को बराबर का हक देने पर चर्चा

- ० घरेलू हिंसा के खिलाफ महिलाओं में फैलाए जागरूकता
- ० सुरजापुर पंचायत के सरकार भवन के हॉल में हुआ कार्यक्रम

प्रतिनिधि, प्रतापज



प्रशिक्षण में मौजूद महिलाएं।

विनोबा आरोग्य एवं लोक शिक्षण केन्द्र के वैनर तले दो दिवसीय घरेलू हिंसा के खिलाफ महिलाओं में नेतृत्व की गुणवत्ता विकसित करने हेतु उन्मुखीकरण प्रशिक्षण का आयोजन प्रस्तुद औरतों सुरजापुर पंचायत के सरकार भवन के मौर्टिंग हॉल में किया गया। जिसकी अध्यक्षता विहार सर्वोदय मंडल के महामंत्री प्रकाश प्राण ने किया। वौह एवं वही संस्था में पंचायतों की महिलाओं ने वह चक्रवर्त दिवस लिया। कार्यक्रम सम्पन्न हुआ। कार्यक्रम की अध्यक्षता कर रहे प्रकाश प्राण ने कहा कि महिलाओं को परिवार में निर्णय लेने का अधिकार, धन एवं जमीन जायदाद में औरतों का नाम जोड़ने की प्रक्रिया चुरू होनी चाहिए। परिवारिक व घरेलू कार्य में औरत मर्द की समान भागीदारी होनी चाहिए।

पीडित, उपेक्षित महादलित, दिव्यांगों को इस समस्या पर ध्यान देने की आवश्यकता है, संगठन से जोड़कर उन्हें उनके ताकत का एहसास दिलाना है। सुरजापुर पंचायत के नवानीर्वाचित मुखिया महामंद पासवान ने कहा कि जब तक समाज के द्वे, कुप्रबंध एवं 50 प्रतिशत राजनीति में दिस्सा लेने वाली महिला जो निर्वाचित होकर आवी है उन्हें अपने शेष में कार्य करने का मौका नहीं दिया जायेगा, महिलाएं आगे नहीं चढ़ेंगी। प्रयास करना सभी वहनों का दृष्टिक्षण है, अर्चना कुमारी ने कहा कि दृलित,

उन्नत व जैविक खेती कर समृद्ध बने किसान २०२१

प्रतापज। विनोबा आरोग्य और लोक शिक्षक केन्द्र के तत्वावधान में पारख जैन भवन में मंगलवार को आधुनिक खेती पर कार्यशाला हुई। इसमें दस गांव के चयनित 40 किसानों ने भाग लिया। किसान भिखारी मेहता ने किसानों को उन्नत और जैविक खेती के लिए प्रेरित किया।

वैज्ञानिक डॉ. मनोज कुमार ने किसानों को कृषि की नई तकनीक, उर्वरक का सही उपयोग, मृदा और फसल के बीच के संबंध को बताया। उन्होंने जलवाया अनुकूल खेती के लिए किसानों को प्रत्साहित किया। उधान पद्धतिकारी सत्येंद्र कुमार ने भी सरकार द्वारा संचालित आम, केला, पपीता आदि की खेती की जानकारी दी। कार्यक्रम का संचालन परियोजना समन्वयक बबीता कुमारी ने किया। मौके पर भूपेन्द्र तेलवार, प्रकाश कुमार आदि मौजूद थे। (निता)



Human Resources

19 experienced personnel as Program Managers/Asst. PMs, Project Coordinators/Asst. PCs, Supervisors, Field Workers, Medical Staffs, Trainers, , Accountants, Drivers, etc

Distribution of Staffs According to Salary Levels as on 31 March 2022

Slab of Gross Salary (Rs. per month)	Male Staff	Female Staff	Total Staff
Less than 10,000	10	03	13
10,000 – 25,000	04	02	06
25,000 – 1,00,000	Nil	Nil	Nil
Total	14	05	19

Details of Board Members as on 31 March 2022

Name	Position	Remuneration and reimbursement in Rs. (Per month)
Bhagwan Singh	President	Nil
Binod Sharma	Secretary	66,000.00
Pano Devi	Treasurer	Nil
Girija Nandan	Member	Nil
Prabhu Nath Sharma	Member	Nil
Satyendra Singh	Member	Nil
Santosh Kumar	Member	Nil

Auditor

Prasad & Santosh

Shambhu Nath Plaza, 1B 1ST FLOOR, New Dak Bunglow Rd, Patna, Bihar 800001

OPERATIONAL AREA



Pratapganj (Supaul), Bihar
Chattapur (Supaul), Bihar

STATE	DISTRICT	BLOCK	PANCHAYAT	VILLAGE
Bihar	Supaul	2	10	60

OUR DONORS SO FAR

Name	Place/Country
Misereor	Germany
CASA	Kolkata
Centre for Catalyzing Change (C3)	Patna
Ministry of Human Resource Development	New Delhi
Oxfam India Trust	Kolkata
Council for Advancement of People's Action and Rural Technology (CAPART)	New Delhi
Canadian High Commission	New Delhi
Forrad	New Delhi
Caritas India	New Delhi
Pathfinder International	U.S.A.
DFID	U.K.
Bread for the World (BFW-GERMANY) through NBJK	Hazaribagh
Cord Aid	Netherlands
Terre Des Homes	New Delhi
Basic Needs Through NBJK	Bangalore
Nav Bharat Jagriti Kendra (NBJK)	Hazaribagh
Prativedesh	Patna
Bihar Voluntary Health Association (BVHA)	Patna
Trickle Up Program	U.S.A.
Give India	Mumbai
Swayam Shikshan Prayog (SSP)	Mumbai